



Emily, 36, Personal Trainer and Zumba Dance Fitness Instructor [www.apollo-pt.com](http://www.apollo-pt.com). Emily retrained as a Personal Trainer two years ago, having developed an unhealthy lifestyle after 10 years 'on the road' in a sales role. "I really benefited from improving my own quality of life and wanted to be able to do the same for others through my work. Her style is to combine one-off boutique pieces with high street finds to create an individual look. "I love the buzz of Cheltenham and the fact that you have this cultural hub right on the edge of the beautiful Cotswold countryside." **Lantis Dress Purple. Selina Shoe Lipstick Patent. Roberta Clutch Lipstick. Missoma 18ct gold plated cuff inset with turquoise, amethyst, peridot and pink tourmaline. Hooper Bolton Missoma 18ct gold vermeil 'Rising Sun' large hoop earrings with rainbow moonstone, chrysoprase and green onyx beads, Hooper Bolton.**