



Wessex gingham dress, £129, black Amie necklace, £55, Erin cardigan in light citron, £49, and black patent Lambourne bag, £199

What a transformation . . . our Miraculous Makeover competition winner has plenty to celebrate. Kat Thompson has lost more than seven stones and looks fantastic after enjoying her prize – a day of pampering and shopping with our experts. **WEEKEND** found out how she got on

**W**HEN 28-year-old, Kat Thompson entered Weekend's Miraculous Makeover competition, we were amazed to learn she had lost seven and a half stones.

The reinsurance technician from Abbeymead, Gloucester, had been dieting for eight months and has dropped from a size 24 to a size 12.

Kat wrote in her winning entry: "My son is starting school in September and I'd love to make him proud of me at the school gates."

"My mum, husband, family and incredible friends have all been so supportive and to surprise them with a glamorous new look would be amazing. Winning the prize would create a lasting new style for me and increase my confidence."

Kat's prize included a new haircut, colour, spray tan, manicure and pedicure at Stuart Holmes Hair and Beauty Spa in Cheltenham; a £500 voucher from Hobbs and a styling session with personal stylist and personal shopper, Kate Parker.

Jason Koudoua, creative director at Stuart Holmes, worked with Kat's long dark hair to add more movement yet still enable her to wear a ponytail and manage it at home, while colourist Autumn opted for a chestnut gloss to add a lustrous shine.

The lightest Sienna spray tan perfectly suited Kat's skin tone, as did the classy red polish for her toes and French manicure for her hands.

Senior spa therapist and make-up expert Pinja Byrne showed Kat how to maximise her green eyes by lining them with a vivid green to make the whites of her eyes really pop.

Kat's dramatic weight loss meant that her existing wardrobe was redundant.

"I have been living in trousers for such a long time, that I can't wait to wear something feminine."



Kat before her amazing weight loss

Personal stylist, Kate Parker, took her to the Hobbs store in Cheltenham.

"Kat is a lovely lady and open to new ideas. I wanted to ensure that we really made her £500 Hobbs budget go as far as possible."

"We focused on dresses and accessorising them to create different looks. She chose a Fifties-inspired gingham dress and elegant maxi with orange cardigan and sandals, plus two other dresses as her prize."

Sue Farrell, Hobbs store manager, said: "There was such a buzz in the store during the photoshoot, everyone stopped on the Promenade to look as Kat became a mannequin in our window. It was a lot of fun."

Kat loved her new look.

"I feel so pampered. I have lots of things planned in the next few weeks, including a romantic day with my husband while my four-year old son William is whisked off by a friend: a spa weekend and a wedding."

"I am looking forward to them even more with my glamorous new look."



NW3 city shirt dress, £135, Fifi silver clutch bag, £99, Wraybury black patent belt, £39, Odette necklace £69

#### MEET THE TEAM

■ Stuart Holmes Hair and Beauty Spa  
www.stuartholmes.co.uk  
01242 220001

■ Kate Parker, personal stylist and personal shopper  
www.kateparkerstyle.com  
01242 620687

■ Hobbs, the Promenade, Cheltenham  
www.hobbs.co.uk

■ All images courtesy of Robin Bradshaw, Bullit Photography, www.bullitphotography.co.uk  
01242 696762



Kat, centre, with the makeover team, from left, Jason Koudoua, Pinja Byrne, Kate Parker and Stuart Holmes



Jason gave Kat's hair more movement



Kat wears the Katrina maxi dress, £99, Cheyne tangerine cardigan, £59, Seymour cross T bar tangerine sandals, £89, Rosie taupe shoulder bag, £189, NW3 Folly necklace, £49.

Right: make-up by Pinja from Stuart Holmes Hair and Beauty Spa

